

# C2 Character Challenge



*"OUR CHARACTER BECOMES OUR DESTINY"*

## Can Hollywood and Positive Psychology Help Teens Build a Life?

C2 is the only character curriculum for teens based on Positive Psychology with segments from popular movies. C2 [for "Character Challenge"] is an evidence-based, interactive curriculum that uses movie clips to capture teens' attention and their hearts. C2 produces statistically significant character growth [averaging 20%], by providing a teacher friendly curriculum that focuses on peer discussion and individual strengths. Best of all, teens love it!

- *Evidence Based*
- *Formatted for Advisory Programs.*
- *Work with drop-out prevention, homeless or at-risk students, etc.*
- *Provide positive curriculum for In-school Suspension.*
- *Interactive, strengths-based presentations*
- *Peer challenge and reinforcement through discussion*

*"Tell me and I forget, teach me and I remember, involve me and I learn." -Benjamin Franklin*

### Curriculum:

The interactive curriculum trains in 28 character strengths and provides:

- Three segments from each popular movie interspersed to illustrate the character strength
- Complete script on each character strength makes preparation easy
- Key Notes: main points with blanks to be filled in with key words
- Provocative and engaging journal questions to help the student apply the information to life
- Group discussion and a Challenge to personal commitment

Pursuing Happiness is a non-profit organization focused on transforming teens. Thank you for your time and for passing this information to others working to change lives. For additional information on C2 please fill out the information below and fax to (417) 782-1290 or email us at [info@characterchallenge.org](mailto:info@characterchallenge.org).

Name: \_\_\_\_\_ Organization: \_\_\_\_\_

Phone: \_\_\_\_\_ When is the best date/time to reach you?: \_\_\_\_\_

Comments: \_\_\_\_\_